

## Psalms Session 2 - Hymns (Songs of Praise)

### Welcome/Prayer (Psalm 113)

#### Hymns

Hymns are songs of praise. They reveal what the psalmist feels when the relationship with God is tranquil.

Examples include Psalms 8; 19; 29; 33; 104; 105; 111; 113; 114; 117; 135; 136; 145-150.

### Reading and Discussion

Select 2 or 3 of the psalms listed above. Read them aloud.

Share your insights and general reactions to the selected psalms. You may wish to use the following questions as points of discussion.

1. What would you say is the basic message of the psalm?
2. When in your life have you found the psalm most meaningful?
3. What made you select this particular psalm to share?

### Read the following scriptures:

**Reader 1 – Psalm 107:1-9**

**Reader 2 – Psalm 107:10-16**

**Reader 3 – Psalm 107:17-22**

**Reader 4 – Psalm 107:23-32**

**Reader 5 – Psalm 107: 33-43**

**Reader 6 – Romans 11:33-36**

Reflect on the above passages from the Psalm and Romans, particularly the various dimensions of God's grace described and celebrated.

1. What does grace (kindness, mercy) look like in the Psalm? Romans?
2. What aspects of God's character have you glimpsed in the Psalm?
3. In what ways does this psalm stretch your own understanding of God?

### Read Psalms 149; 150

In Psalms 149 and 150, the Hebrew phrase for "praise the Lord" is *Hallelu Yah*.

1. Share a hallelujah moment in your life.
2. Which of the following features in nature characterizes where you are in your walk of faith and why?

The Grand Canyon	A gently flowing stream	A tree sapling	A rushing river
A stagnant pond	The Sahara Desert	The ocean	Other?

### Closing/Prayer